



Journal of Pelvic, Obstetric and Gynaecological Physiotherapy

Editor: Dr Gillian Campbell (drgillian.campbell@gmail.com)

Assistant Editor: Biljana Kennaway (bakennaway@gmail.com)

Managing Editor: Andrew J. Wilson (ajwpublishing@gmail.com)

Online Content Editor: Angela Kearns (Angela.kearns@heartofengland.nhs.uk)

Online Content Administrator: Rebecca Bennett (rebecca.physio@yahoo.co.uk)

Reviews Editor: Romy Tudor (romytudor@hotmail.com)

News Editor: Rosie Conway (rosieconway1234@hotmail.co.uk)

Research Reviews Editor: Alison Clarke (alison.clarke4@nhs.net)

Area Representative Liaison: Liz Benson (mgtbenson@gmail.com)

Contents

| | |
|--|--------------------|
| Editorial | 3 |
| Impact of the consumption of carbonated drinks on the incidence, severity and progression of overactive bladder syndrome in women by <i>J. Battle & C. Carus</i> | 5 |
| Neuromuscular electrical stimulation devices by <i>A. M. Savage</i> | 16 |
| Is (p)rehabilitation effective for men undergoing prostatectomy? by <i>C. Bourne & J. Constable</i> | 27 |
| Vaginal mesh and the implications of the current reluctance to use it in surgery by <i>P. Bhal & N. Bhal</i> | 36 |
| Things aren't always what they seem: differential diagnosis and common pelvic masqueraders by <i>C. Mercer</i> | 45 |
| Assessing prevalence of urinary incontinence in Scottish fitness instructors, and experience of teaching pelvic floor muscle exercises: an online survey by <i>K. Stephen, H. van Woerden & S. MacRury</i> | 51 |
| International Organization of Physical Therapists in Pelvic and Women's Health networking session | 59 |
| Research review (<i>Alison Clarke</i>) | 63 |
| Working with the medical device industry: ethical professional practice (<i>Debbie Gordon</i>) | 65 |
| Area representatives 2019–2020 | 68 |
| Notes and news | 69 |
| Writing for the POGP journal: guidelines for authors | 77 |
| Price list of publications | 80 |
| Saddle issues in female cyclists (<i>Bianca Broadbent</i>) | outside back cover |

The opinions expressed in these papers are those of the authors, and not necessarily those of the editors and publishers.

N.B. For information previously included in the journal, but omitted from this edition, please visit:
<http://pogp.csp.org.uk>