

## Editorial

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As we sit down to write our final editorial, it's time to reflect on what's been an incredible journey. It's been a privilege to be a part of the Journal Subcommittee (JSC), which was already a well-oiled machine before we joined its ranks.

After so many changes both within POGP and in our clinics over the past 4 years, it's impossible to discuss everything in this column. Obviously, none of us could have predicted a pandemic and the changes to our connectivity that it would bring.

Despite the difficulties and hardships, there have been positive developments such as: POGP's new charitable status and affiliations; the increased electronic accessibility of our journal without language barriers, which further promotes our international visibility; and the POGP podcasts. Of course, we also co-hosted a fantastic webinar with the American Physical Therapy Association, which was facilitated by Gráinne Donnelly and many of the JSC. This exciting event enabled us to share ideas and reflections with practitioners from around the globe. Keep an eye on the website for news about a follow-up later this year.

People have gradually become used to connecting via electronic means, which has allowed many of us to take part in opportunities for continuing professional development that would have been inaccessible otherwise. Courses and meetings in the Southern Hemisphere, or merely within the same region, have become easier to attend, even for those with childcare commitments or a lack of funds.

We're embracing the best of both worlds by continuing to have the option to attend conferences and study days by virtual means. However, face-to-face meetings allow us to interact with our peers and other professions alike, and this reminds us of the network that we started to create at the 2019 World Confederation for Physical Therapy Congress in Geneva, Switzerland, when we began our editorial roles.

It's an exciting time to be a part of pelvic health physiotherapy both within the clinic and in research. The POGP trustees are planning new

ways to support research in our specialty, such as funding for new and more-experienced researchers alike. There are also plans to create a new research group that will enable members who are already engaged and those with a developing interest to network. Better-quality and more-robust evidence will enable us to promote the need for increased service provision, which all of us are aware is essential. Within the JSC, we plan to raise the profile of research by publishing a series of articles on getting the most out of it, and the first is included in this edition. "How to read a research article" (pp. 60–63) is by Christine Addington and Katherine Mamy, who are two of the members of the research reviews team. We also plan to upload further podcasts on this topic to the POGP YouTube channel, which all members can access.

It's an exciting time for our team, and it's hard to step down when so many great ideas are about to come to fruition. However, it's right that we should because this ensures that new editors will take over and share new ideas. We're particularly excited to welcome Gráinne Donnelly and Christine Addington, who'll take on the roles of clinical and deputy editor, respectively. Many of you will already know Gráinne from the massive contribution to pelvic health in research, clinical practice and education that she's made. Christine is in the final stages of her doctoral studies at Glasgow Caledonian University, and plans to continue her work as a clinical academic. We know that we leave the journal in safe hands from both an academic and clinical perspective.

This just leaves us to say a final thank you to the JSC as a whole, who voluntarily contribute their time and many hours of work. It's been a joy to work with them all throughout our tenure. Their passion and hard work are beyond compare, and they always bring a sense of fun and have a resilient, can-do attitude about everything we ask of them. Finally, we say thank you to you, the readers, for all your support – it's been a blast!

**Gillian Campbell & Biljana Kennaway**

### Copy deadlines

Copy for the Spring and Autumn 2023 editions of the journal (Nos 132 and 133) must be submitted to the editor by **15 October 2022** and **22 April 2023**, respectively. Please note that academic and clinical articles must be received well before the deadline since time must be allowed so that these can be peer-reviewed. Manuscripts should be presented double-spaced with a wide margin, and adhere to the author's guidelines found on the POGP website ([https://thepogp.co.uk/journals/authors\\_guidelines/guidelines.aspx](https://thepogp.co.uk/journals/authors_guidelines/guidelines.aspx)), which can be accessed using the QR code on the right. Articles for consideration should be sent to Gráinne Donnelly, Absolute Physio, 7 Drumadagarve Road, Maguiresbridge, Enniskillen BT94 4NX, Northern Ireland.

