

INFOGRAPHIC

Disseminating research through different outlets

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The *Journal of Pelvic, Obstetric and Gynaecological Physiotherapy* prides itself on sourcing and disseminating consistent and reliable evidence-based research. As the journal goes from strength to strength each year, the hard-working team behind it continually endeavour to ensure that it considers, reaches and lends itself to the learning styles of all our members and wider readership. One of the newest initiatives to achieve this goal is a regular infographic feature based on existing or newly published journal content. These images are created by a talented POGP member and newly appointed Journal Subcommittee member, Claire Brodie. Welcome to the team, Claire!

Figure 1 is the first example of this initiative, and is based upon a 2018 POGP Conference presentation (Donnelly 2019). Responses to this new feature would be welcome.

Reference

Donnelly G. (2019) Diastasis rectus abdominis: physiotherapy management. *Journal of Pelvic, Obstetric and Gynaecological Physiotherapy* 124 (Spring), 15–19

Claire Brodie is a sports and women's health physiotherapist who runs a private clinic in East Sussex. She started designing infographics in 2020, and posted these on Instagram to raise awareness of pelvic health. Claire now also produces digital prints for use in clinics to act as a visual aid when educating patients on various pelvic health issues.

Gráinne Donnelly is an advanced physiotherapy practitioner in pelvic health. A trustee of POGP, she is the chair of the Journal Subcommittee and clinical editor of this journal.

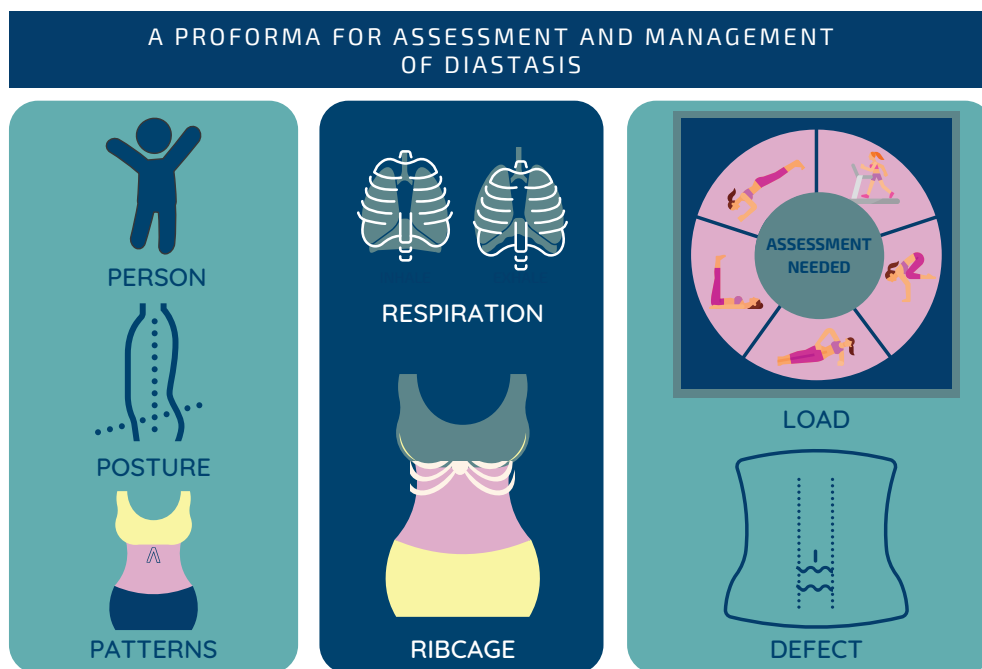


Figure 1. PPP-RR-LD: a proforma for assessment and management of diastasis.

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